



Trivandrum OBGYN Club

**Advances In Obstetrics Gynaecology
And Reproductive Medicine**

XXVI
Annual Meeting

ADVANCES 2026

2nd & 3rd May 2026

**THEME: Pioneering Progress in
Women's Health – Uniting Expertise**

Venue

Hyatt Regency Thycaud, Trivandrum



Organised by
Trivandrum OBGYN Club

Under the aegis of
KJK HOSPITAL

Welcome Address

by Organising Chairman

It is with great pride and warmth that we welcome you to ***ADVANCES 2026, held this May 2026 at the Hyatt, Trivandrum. This year marks a remarkable milestone—the 26th consecutive year*** of this distinguished conference, a testament to its enduring relevance, academic depth, and the unwavering support of our vibrant OBGYN community.

Hosted by the ***Trivandrum OBGYN Club*** in collaboration with ***KJK Hospital***, ADVANCES has, over the decades, grown into a premier platform for exchanging knowledge, showcasing innovation, and cultivating meaningful professional relationships. Each year has added a new layer of richness to its legacy, shaped by dedicated faculty, enthusiastic delegates, and the spirit of continuous learning.

As we gather once again, ADVANCES 2026 carries forward this tradition with an engaging scientific programme, thought-provoking discussions, and opportunities for collaboration that reflect the evolving horizons of obstetrics and gynaecology. We hope the sessions inspire you, challenge you, and spark new ideas that strengthen our shared commitment to women's health.

We are delighted to welcome you to Trivandrum and invite you to be part of this proud legacy.

Welcome to the 26th year of ADVANCES!

Organising Chairperson
Dr K Jayakrishnan



Dr. K Jayakrishnan

Founder Chairman & President
TVM OBGYN Club



Dr. Niranjana Jayakrishnan

Secretary
TVM OBGYN Club, Trivandrum



Dr. P V Aysha

Trustee
Trivandrum OBGYN Club



Dr. Deepthi B

Scientific Committee
Chair- person



Dr. Ashwin Jayakrishnan

Organising Secretary
KJK Hospital, Trivandrum

Orations



Dr. Bhaskar Pal
President FOGSI
Advances 2026 Oration



Dr. Shailesh Putembekar
Surgical Oncologist & Medical Director
at Galaxy Care Multispeciality Hospital, Pune
(Dr. Thomas Chandy Memorial Oration)



Key Note Address



Dr Louise Hull
Prof. University of Adelaide, Australia



Dr Stephen O Brien
Consultant Obstetrician
& Fetal medicine,
North Bristol, NHS Trust,
UK



Dr Suresh Nair
Seed of Life,
Endoscopic Gynaecology & IVF
Singapore



Dr Prathima Radhakrishnan
Foetal Medicine specialist,
Bengaluru



Dr Kurian Joseph
Director & Chief Consultant
Joseph Hospital
Chennai



Dr. N Pratap Kumar
Senior Consultant,
Dept of Reproductive Medicine
& Surgery,
Kasturba Medical College,
Manipal (Karnataka)



Dr Suresh Kattera
Professor & Director,
Asia Pacific Institute of Embryology
(ASPIER), Mysore



Dr Jayakrishnan
Chief Consultant & Managing
Director KJK Hospital
Trivandrum



Dr. P G Paul
Director Head of Endoscopy
Unit, Paul's Hospital
Cochin



Dr Shankar VH
Prof & HOD Department of
Medical Genetics,
SATH Trivandrum



Dr Aarti Deendayal
Clinical Director
Mamata Fertility Hospital,
Fertility Specialist & Scientific
In-Charge, Hyderabad

**Saturday – May 2nd 2026
09:00-20:30**

**HALL A – DR K LALITHA HALL
FOETAL MEDICINE & OBSTETRICS WORKSHOP**

FACULTY

Dr Stephen O'Brien. (UK)
Dr Louise Hull (Adelaide, Australia)
Dr Prathima Radhakrishnan
Dr Vivek Krishnan
Dr Bijoy Balakrishnan

Dr Manikandan
Dr Bhaskar pal
Dr Kurian Joseph
Dr Vidyalekshmy
Dr Pio James

Dr Sreemathi
Dr Sangeetha Menon
Dr Chitra
Dr Maya Devi

OBSTETRICS, LABOUR AND FETAL MEDICINE

09:00-09:20	The First Trimester revolution. First Trimester as a Window to Predict High-Risk Pregnancy	Dr Prathima Radhakrishnan
09:20-09:40	Fetal Medicine -Screening in the first trimester where we are and where we are going.	Dr Stephen O'Brien
09:40-10:00	Current concepts in Rhesus alloimmunization	Dr Vivek Krishnan
10:00-10:20	Third trimester scan,not just growth	Dr Bijoy Balakrishnan
10:20-10:40	Monochorionic twins -When to intervene	Dr Manikandan
10:40-10:55	Discussion With Experts -Dr Vidyalekshmy, Dr Pio James	

RUNNING TEA / COFFEE BREAK

11:00-11:20	Fetal Growth Restriction – Role of Doppler and Placental Imaging	Dr Vidyalekshmy
11:20-11:40	Placenta accreta spectrum – Unexpected at caesarean section	Dr Stephen O'Brien
11:40-12:00	Fetal infections ;Torching myths	Dr Bijoy Balakrishnan
12:00-12:15	Discussion With Experts Dr Vivek Krishnan, Dr Manikandan	
Panel discussion : Fetal Therapy and In-utero Interventions Current Evidence and your Experience		
12:15-13:15	Moderator – Dr Vivek Krishnan, Dr Bijoy Balakrishnan	
Panelists – Dr Stephen O'Brien, Dr Prathima Radhakrishnan, Dr Manikandan, Dr Vidyalekshmy, Dr Dhanya, Dr Pio James		

HIGH RISK OBSTETRICS-MATERNAL DISORDERS AFFECTING FOETAL HEALTH

14:15-14:35	Diabetes in Pregnancy-Beyond Insulin : Newer Antidiabetic drugs and safety evidence	Dr Sreemathi
14:35-14:55	Hypertensive disorders-Role of Angiogenic markers and predictive models	Dr Sangeetha Menon
14:55-15:15	Update on Acute Fatty Liver and ICP management	Dr Chitra
15:15-15:30	Discussion With Experts – Dr N Syamala, Dr N S Sreedevi, Dr D Radhamoni	
15:30-16:30	Panel discussion – Transition from High-Risk Pregnancy to Safe – Motherhood – Role of Continuum of Care Moderators. Dr Sreemathi, Dr Sangeetha Menon Panelists : P K Shyamala Devi, Dr Jayasree Vaman, Dr Maya Devi, Dr Bindhu P, Dr Sujamol Jacob, Dr Chitra, Dr Rema Sreejith	
16:30-19:00	Advances day 1 evening session: Plenary session KEY NOTE ADDRESS Chairpersons. Dr P K Shyamala Devi, Dr N Syamala, Dr Sheela Shenoy, Dr Sathy M Pillai Precision IVF; Personalised stimulation, Selection and Implantation. Dr Louise Hull (Adelaide,Australia)	
17:00-17:30	Fetal medicine; Redefining future of Obstetrics – Dr Prathima Radhakrishnan	
17:30-18:00	Chairpersons: Dr Sujamol Jacob, Dr N S Sreedevi	
18:00-18:30	Pre-term birth - screening, prevention and evidence-based interventions – Dr Stephen O Brien	Dr Kurian Joseph
18:30-19:00	Transforming womens Health. Through Laparoscopy;Lessons learnt from four decades of Surgical innovation KEY NOTE ADDRESS Redefining Male factor Infertility;Ultrarapid sperm DNA fragmentation testing and gentle sperm selection – Dr Suresh Kattera	
19:00-19:30	ADVANCES 2026 ORATION Chairpersons : Dr K Jayakrishnan, Dr Niranjana, Dr P V Aysha Caesarean Section; Doing the right thing in Right way	
19:30-20:30	Dr Bhaskar Pal (President FOGSI) Inauguration , followed by Cultural program	

**Saturday – May 2nd 2026
9:00–19:30**

**HALL B – DR SANTHA MADHAVAN HALL
REPRODUCTIVE MEDICINE**

FACULTY

Dr Louise Hull –Adelaide, Australia
Dr Suresh Nair–Singapore
Dr N Pratapkumar
Dr Sankalp Singh
Dr Subash Mallaya
Dr Reji Mohan
Dr Anitha Pillai
Dr Anitha M

Dr Shyjus Nair
Dr Venugopal
Dr Reji Mohan
Dr Ashwin J
Dr George Paul
Dr Raju Nair
Dr Aby Koshy
Dr Karthika Bijoy

Dr Suresh Kattera
Dr Bimal John
Dr Sam Abraham
Dr Baiju Ahmedkutty
Dr Vijeeesh (Embryologist)
Dr Sajilesh(Embryologist)

FERTILITY MANAGEMENT– MEDICAL AND SURGICAL

SESSION A. 15MTS EACH SPEAKER AND FOR DISCUSSION

9:00–9:15	Ovarian Cysts: Observe or operate	Dr Sam Abraham
9:15–9:30	Emergency management of Benign gynaecological conditions	Dr Subash Mallaya
9:30–9:45	Complication prevention in laparoscopy for benign conditions	Dr George Paul
9:45–10:00	Prevention of Recurrent Endometriosis	Dr Bimal John
10:00–10:15		Discussion with experts: Dr Suresh Nair, Dr N Pratapkumar, Dr Shyjus Nair
30 MINUTES TALK		
10:15–10:45	Precision in Pelvic Surgery: The Expanding Role of Robotics in Endometriosis & Myomectomy	Dr Suresh Nair (Singapore)
10:45–11:15	Individualized Ovarian Stimulation Strategies – Towards Truly Tailored ART	Prof Louise Hull (Adelaide)
KEY NOTE ADDRESS		
11:15–11:45	Uterus sparing fibroid management.– Dr N Pratapkumar	
11:45–12:00	Laparoscopic Adenomyomectomy with the four-petal method	Dr Ashwin Jayakrishnan
12:00–12:15	Discussion with experts:- Dr Raju Nair, Dr Abhisekh, Dr Preetha P R	
Panel discussion: –Recurrent pregnancy loss–Simplifying the approach		
12:15–13:15	Moderators: Dr Sankalp Singh, Dr Aby Koshy Panelists: Dr Raju Nair, Dr Abhisekh, Dr Harikumar, Dr Shyjus Nair Dr George Paul, Dr Preetha P R	

13:15–14:00 PM LUNCH BREAK

ASSISTED REPRODUCTION FOR CLINICIAN AND EMBRYOLOGIST

14:00-14:15	Enhancing fertility through benign gynaecological surgeries	Dr Anitha Pillai
14:15-14:30	PPOS in Modern IVF – Current Evidence and Clinical Applications	Dr Reji Mohan
14:30-14:45	POI: The new perspective and new directions.	Dr Raju Nair
14:45-15:00	Discussion with experts: Dr Anitha M, Dr Harikumar, Dr Sheila Balakrishnan	
15:00-15:15	Stimulation protocols for Low reserve and poor responders	Dr Anitha M
15:15-15:30	Triggering final oocyte Maturation	Dr Baiju Ahmedkutty
15:30-15:45	Difficult OPU -Tips and tricks	Dr Karthika Bijoy
15:45-16:00	Discussion with experts: Dr Abhisekh, Dr Reji Mohan, Dr Ramesh P	
Panel Discussion- Male factor Infertility-Newer approaches		
16:00-16:45	Moderator : Dr Venugopal, Dr Shyus Nair Panelists: Dr Suresh Kattera, Dr Aby Koshy, Dr Baiju P A, Dr Aswath Kumar, Dr Reji Mohan, Dr Vijesh, Dr Sajilesh	

RELAY FROM HALL -A

16:30-19:00	Advances day 1 evening session: Plenary session	
	KEY NOTE ADDRESS	
16:30-17:00	Chairpersons. Dr P K Shyamala Devi, Dr N Syamala, Dr Sheela Shenoy, Dr Sathy M Pillai Precision IVF; Personalised stimulation, Selection and Implantation. Dr Louise Hull (Adelaide,Australia)	
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18:00-18:30	Transforming womens Health. Through Laparoscopy;Lessons learnt from four decades of Surgical innovation	Dr Kurian Joseph
	KEY NOTE ADDRESS	
18:30-19:00	Redefining Male factor Infertility;Ultrarapid sperm DNA fragmentation testing and gentle sperm selection – Dr Suresh Kattera	
	ADVANCES 2026 ORATION	
19:00-19:30	Chairpersons : Dr K Jayakrishnan, Dr Niranjana, Dr P V Aysha Caesarean Section; Doing the right thing in Right way	Dr Bhaskar Pal (President FOCSI)
19:30-20:30	Inauguration , followed by Cultural program	

FACULTY

Dr Stephen O Brien
Dr N Pratapkumar
Dr Sankalp Singh
Dr Shailesh Putembekar
Dr Sheila Balakrishnan
Dr ArunaAsok

Dr Jayesh Amin
Dr K Jayakrishnan
Dr Sachin Kulkarni
Dr Suresh Nair
Dr Devika Gunasheela
Dr PG Paul

Dr Sheila Balakrishnan
Dr AmbarishBhandiwad
Dr Anupama R
Dr Ravisankar
Dr P M Gopinath

ASSISTED REPRODUCTION FOR CLINICIAN AND EMBRYOLOGIST

08:15–08:30	Endometrial microbiome and Reproductive failure	Dr Ambarish Bhandiwad
08:30–08:45	Adolescent PCOS- Management	Dr Ravisankar
08:45–09:00	Cervical cancer on a rise- Role of HPV vaccine	Dr Anupama R
Discussion with experts : Dr Usha R, Dr Adlaine Thankom, Dr Nazeema		

30 MINUTES TALK

09:00–09:30	Assisted vaginal birth – evidence, global trends and the future	Dr Stephen O Brien
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KEY NOTE ADDRESS

09:30–10:00	Role of Hysteroscopy in Reproductive failure	Dr Jayakrishnan
10:00–10:30	The New Horizons of Advances Gynaecologic Laparoscopy; Where we stand and What lies ahead?	Dr. PG Paul
Chairpersons: Dr Devika Rani, Dr Aysha P V, Dr N S Sreedevi		

10:30–10:50	Can we predict ectopic pregnancy in Fertility treatment cycles?	Dr Sankalp Singh
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10:50–11:10	Fertility preservation in adolescent & young women	Dr P M Gopinath
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Dr Thomas Chandy oration

11:10–11:40	Chairpersons: Dr D Radhamoni, Dr K Jayakrishnan, Dr Valsamma Chacko	
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11:40–12:00	Role of MIS In Gynaecological Oncology–After the LACC trail	Dr. Shailesh Putembekar
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12:00–12:20	Challenging situations in IVF stimulation	Dr Sheila Balakrishnan
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12:20–12:40	Recurrent implantation failure. Immunological factors	Dr Jayesh Amin
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12:40–12:55	Identifying the Constants and Variables in Infertility Management: Optimising Precision Care	Dr Sachin Kulkarni
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12:40–12:55	Discussion with experts: Dr Aruna Ashok, Dr Anitha M	
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KEY NOTE ADDRESS

12:55-13:25

Robotic Surgery in Gynaecology – Game Changer or Luxury for a Few –
Dr Suresh Nair

13:25-13:30

Dr Meera Nair Memorial Quiz presentation –For delegates
Video quiz presented by – Dr Niranjana Jayakrishnan

13:30-14:15 LUNCH BREAK

14:15-15:30

Panel discussion: IVF Demystified

Moderators: Dr Devika Gunasheela & Dr Aruna Asok

Panelists: Dr Suresh Kattera, Dr Vijeesh, Dr Sheila Balakrishnan, Dr Anitha M
Dr Sankalp Singh, Dr Jayesh Amin and Dr Sachin Kulkarni

15:30

Valedictory



**Sunday – 3rd May 2026
09:00-15:30**

**HALL B – DR SANTHA MADHAVAN HALL
OBSTETRICS, GYNAECOLOGY, GENETICS
REPRODUCTIVE MEDICINE**

FACULTY

Dr Indira Vijayakrishnan
Dr Niranjana J
Dr Devika Gunasheela
Dr K V Vinod, Andrologist
Dr Aswath Kumar

Dr Deepti B
Dr Kumar Gopal
Dr Shankar V H
Dr Ramesh P
Dr Ajith S

Dr Aarti Deendayal
Dr Aruna Asok
Dr Vinoo Balakrishnan
Dr Rema (RCC)

REPRODUCTIVE MEDICINE SPOTLIGHTS

20 MINUTES

08:00-08:20	Women's Health and Obesity – Newer Anti obesity drugs	Dr Indira Vijayakrishnan
08:20-08:40	Isthmocele: Fix it or Observe it? An ongoing dilemma	Dr Niranjana J
08:40-09:00	Preimplantation genetic testing. Current trends and future directions	Dr Devika Gunasheela
09:00-09:20	Role of Andrology in ART- From Diagnosis to conception	Dr K V Vinod, Andrologist
09:20-09:40	Obstetric Sepsis: Current Evidence and Best Practices	Dr Aswath Kumar
09:40-09:50	Discussion with experts: Dr N Pratapkumar, Dr Suresh Kattera, Dr Ramesh P	

OBSTETRICS & GYNAECOLOGY

09:50-10:10	Care in pregnancies subsequent to still birth	Dr Deepti B
10:10-10:30	Post Partum convulsions-a diagnostic enigma	Dr Kumar Gopal
10:30-10:50	Endometriosis – New Diagnostics and Medical therapies	Dr Ramesh P
10:50-11:10	Bone Health in middle life	Dr Ajith S.
11:10-11:20	Discussion with experts: Dr Rema Sreejith, Dr Ambarish B, Dr Sajith Mohan	

KEYNOTE ADDRESS

11.20-11.50	Genetics –Reproductive Genetics in Infertility and IVF- Dr Shankar VH, Prof of Genetics, SATH Trivandrum	
11.50-12.20	Recent advances in Ultrasound in Reproductive Medicine – Dr Aarti Deendayal	

MIXED BAG (20 MINUTES)

12:20-12:40	Thin Endometrium–Causes, evaluation and advances in Management	Dr Aruna Asok
12:40-13:00	Menopause-Non Hormonal and targeted therapies	Dr Vinoo Balakrishnan

13:00-13:20	Oncology-Fertility sparing surgery in Early stage Gynaec Cancers	Dr Rema (RCC)
13:20-13:30	Discussion with experts – Dr Ajith S, Dr Uma Sankar, Dr Lakshmiammal	
13:30-13:35	Dr. Meera Nair Memorial Video Quiz for delegates–Relay from Hall A	
13:35-14:15 LUNCH BREAK		
14:15-15:30	Panel discussion relay from Hall A	
15:30	Valedictory	
Saturday – May 2nd 2026 – HALL C (Elizabeth Hall)		14:00 – 16:00
Dr Santha Madhavan free paper Presentation		Duration 8mins Discussion 2 mins
Saturday – May 2nd 2026		12:00 – 14:00
Eposter paper presentation		Duration 8mins Discussion 2 mins
Sunday – May 3rd 2026 – HALL C (Elizabeth Hall)		12:00 – 13:30
SCIENTIFIC PAPER PRESENTATIONS VI Nalini Memorial Gold medal paper presentation		Duration 8mins Discussion 2 mins



Saturday-10.00 am to Sunday 3.00pm

ePoster Presentation

TIMELINES

E-mail your abstract to us on or before 30/03/2026, specifying the category that you wish to presenting. Chosen abstracts will be intimated by 10/04/2026

Email: 2026advances@gmail.com , tvmobgyn@gmail.com , Website : www.tvmobgyn.com

REGISTRATION Tariff

DAY -1, 2nd May 2026	Yearly bird up to 30-03-2026	Spot
CLINICIANS	₹ 5000	₹ 6000
PG STUDENTS	₹ 4000	₹ 5000
DAY -2, 3rd May 2026	Yearly bird up to 30-03-2026	Spot
CLINICIANS	₹ 5000	₹ 6000
PG STUDENTS	₹ 4000	₹ 5000
DAY 1 & 2 May 02nd & 3rd	Yearly bird up to 30-03-2026	Spot
CLINICIANS	₹ 9000	₹ 10000
PG STUDENTS	₹ 7000	₹ 8000
ACCOMODATION AT HYATT REGENCY (VENUE)	Rate	
SINGLE (1 Night)	₹ 7350	
DOUBLE (1 Night)	₹ 9440	
TRIPPLE (1 Night)	₹ 11210	

- Registration for Accompanying Person Rs.3000 Per Day
Rs.3000 Per Banquet
- Free For Children Below 5 years Of Age

Cancellation Policy

20% will be charged as administrative fee & the rest will be refunded, if intimation received before 10-04-2026. No refund will be made after 10-04-2026

Trivandrum OBGYN Club
Account No: 545101010050012
IFSC Code : UBIN0554511
Union Bank, Kesavadasapuram,
Thiruvananthapuram, Kerala.



To Pay Scan Here

For offline Registration Fee to be paid by DD/NEFT to the details below

Submit the Duly Filled Form & DD / Cheque to,
and Travel & Accommodation Contact
Conference Secretariat Advances 2025
KJK Hospital, Nalanchira, Trivandrum, Kerala, India
Jayalal R S: 9645446067
Email: tvmobgyn@gmail.com

www.tvmobgyn.com

Venue:
Hyatt Regency Thycaud
Trivandrum
Thiruvananthapuram, Kerala 695014





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