



Trivandrum OBGYN Club

**Advances In Obstetrics Gynaecology  
And Reproductive Medicine**

**XXVI**  
**Annual Meeting**

# ADVANCES 2026

**2nd & 3rd May 2026**

**THEME: Pioneering Progress in  
Women's Health – Uniting Expertise**

## **Venue**

**Hyatt Regency Thycaud, Trivandrum**



Organised by  
**Trivandrum OBGYN Club**

Under the aegis of  
**KJK HOSPITAL**

# Welcome Address

## by Organising Chairman

It is with great pride and warmth that we welcome you to **\*ADVANCES 2026, held this May 2026 at the Hyatt, Trivandrum. This year marks a remarkable milestone—the 26th consecutive year\*** of this distinguished conference, a testament to its enduring relevance, academic depth, and the unwavering support of our vibrant OBGYN community.

Hosted by the **\*Trivandrum OBGYN Club\*** in collaboration with **\*KJK Hospital\***, ADVANCES has, over the decades, grown into a premier platform for exchanging knowledge, showcasing innovation, and cultivating meaningful professional relationships. Each year has added a new layer of richness to its legacy, shaped by dedicated faculty, enthusiastic delegates, and the spirit of continuous learning.

As we gather once again, ADVANCES 2026 carries forward this tradition with an engaging scientific programme, thought-provoking discussions, and opportunities for collaboration that reflect the evolving horizons of obstetrics and gynaecology. We hope the sessions inspire you, challenge you, and spark new ideas that strengthen our shared commitment to women's health.

We are delighted to welcome you to Trivandrum and invite you to be part of this proud legacy.

## Welcome to the 26th year of ADVANCES!

Organising Chairperson

Dr K Jayakrishnan



**Dr. K Jayakrishnan**

Founder Chairman & President  
TVM OBGYN Club



**Dr. Niranjana Jayakrishnan**

Secretary  
TVM OBGYN Club, Trivandrum



**Dr. P V Aysha**

Trustee  
Trivandrum OBGYN Club



**Dr. Deepti B**

Scientific Committee  
Chair- person



**Dr. Ashwin Jayakrishnan**

Organising Secretary  
KJK Hospital, Trivandrum

# Orations



**Dr Bhaskar Pal**  
President FOGSI  
**Advances 2026 Oration**



**Dr. Shailesh Putembekar**  
Surgical Oncologist & Medical Director  
at Galaxy Care Multispeciality Hospital, Pune  
**(Dr. Thomas Chandy Memorial Oration)**



# Key Note Address



**Dr Louise Hull**  
Prof. University of Adelaide, Australia



**Dr Stephen O'Brien**  
Consultant Obstetrician  
& Fetal medicine,  
North Bristol, NHS Trust,  
UK



**Dr Suresh Nair**  
Seed of Life,  
Endoscopic Gynaecology & IVF  
Singapore



**Dr Prathima Radhakrishnan**  
Foetal Medicine specialist,  
Bengaluru



**Dr Kurian Joseph**  
Director & Chief Consultant  
Joseph Hospital  
Chennai



**Dr. N Pratap Kumar**  
Senior Consultant,  
Dept of Reproductive Medicine, Asia Pacific Institute of Embryology  
& Surgery,  
Kasturba Medical College,  
Manipal (Karnataka)



**Dr Suresh Kattera**  
Professor & Director,  
Pacific Institute of Embryology  
(ASPIER), Mysore



**Dr Jayakrishnan**  
Chief Consultant & Managing  
Director KJK Hospital  
Trivandrum



**Dr. P G Paul**  
Director Head of Endoscopy  
Unit, Paul's Hospital  
Cochin



**Dr Shankar VH**  
Prof & HOD Department of  
Medical Genetics,  
SATH Trivandrum



**Dr Aarti Deendayal**  
Clinical Director  
Mamata Fertility Hospital,  
Fertility Specialist & Scientific  
In-Charge, Hyderabad



Saturday - May 2nd 2026  
09:00-20:30

HALL A - DR K LALITHA HALL  
FOETAL MEDICINE & OBSTETRICS WORKSHOP

## FACULTY

Dr Stephen O' Brien. (UK)  
Dr Louise Hull (Adelaide, Australia)  
Dr Prathima Radhakrishnan  
Dr Vivek Krishnan  
Dr Bijoy Balakrishnan

Dr Manikandan  
Dr Bhaskar pal  
Dr Kurian Joseph  
Dr Vidyalekshmy  
Dr Pio James

Dr Sreemathi  
Dr Sangeetha Menon  
Dr Chitra  
Dr Maya Devi

## OBSTETRICS, LABOUR AND FETAL MEDICINE

09:00-09:20	The First Trimester revolution. First Trimester as a Window to Predict High-Risk Pregnancy	Dr Prathima Radhakrishnan
09:20-09:40	Fetal Medicine -Screening in the first trimester where we are and where we are going.	Dr Stephen O Brien
09:40-10:00	Current concepts in Rhesus alloimmunization	Dr Vivek Krishnan
10:00-10:20	Third trimester scan,not just growth	Dr Bijoy Balakrishnan
10:20-10:40	Monochorionic twins -When to intervene	Dr Manikandan
10:40-10:55	Discussion With Experts -Dr Vidyalekshmy, Dr Pio James	

## RUNNING TEA / COFFEE BREAK

11:00-11:20	Fetal Growth Restriction — Role of Doppler and Placental Imaging	Dr Vidyalekshmy
11:20-11:40	Placenta accreta spectrum - Unexpected at caesarean section	Dr Stephen O Brien
11:40-12:00	Fetal infections ;Torching myths	Dr Bijoy Balakrishnan
12:00-12:15	Discussion With Experts Dr Vivek Krishnan, Dr Manikandan	
12:15-13:15	<b>Panel discussion : Fetal Therapy and In-utero Interventions Current Evidence and your Experience</b>	
	Moderator - Dr Vivek Krishnan, Dr Bijoy Balakrishnan	
	Panelists - Dr Stephen O Brien, Dr Prathima Radhakrishnan, Dr Manikandan, Dr Vidyalekshmy, Dr Dhanya, Dr Pio James	

**13:15–14:15 PM LUNCH BREAK****HIGH RISK OBSTETRICS–MATERNAL DISORDERS AFFECTING FOETAL HEALTH**

14:15–14:35	Diabetes in Pregnancy–Beyond Insulin : Newer Antidiabetic drugs and safety evidence	Dr Sreemathi
14:35–14:55	Hypertensive disorders–Role of Angiogenic markers and predictive models	Dr Sangeetha Menon
14:55–15:15	Update on Acute Fatty Liver and ICP management	Dr Chitra
15:15–15:30	Discussion With Experts – Dr N Syamala, Dr N S Sreedevi, Dr D Radhamoni	
15:30–16:30	Panel discussion – Transition from High–Risk Pregnancy to Safe – Motherhood — Role of Continuum of Care	
	Moderators. Dr Sreemathi, Dr Sangeetha Menon	
	Panelists : P K Shyamala Devi, Dr Jayasree Vaman, Dr Maya Devi, Dr Bindhu P, Dr Sujamol Jacob, Dr Chitra, Dr Rema Sreejith	
16:30–19:00	<b>Advances day 1 evening session: Plenary session</b>	
	<b>KEY NOTE ADDRESS</b>	
16:30–17:00	Chairpersons. Dr P K Shyamala Devi, Dr N Syamala, Dr Sheela Shenoy, Dr Sathy M Pillai	
	Precision IVF; Personalised stimulation, Selection and Implantation. Dr Louise Hull ( Adelaide,Australia)	
17:00–17:30	Fetal medicine; Redefining future of Obstetrics – Dr Prathima Radhakrishnan	
	Chairpersons: Dr Sujamol Jacob, Dr N S Sreedevi	
17:30–18:00	Pre–term birth – screening, prevention and evidence–based interventions – Dr Stephen O Brien	
18:00–18:30	Transforming womens Health. Through Laparoscopy;Lessons learnt from four decades of Surgical innovation	Dr Kurian Joseph
18:30–19:00	<b>KEY NOTE ADDRESS</b>	
	Redefining Male factor Infertility;Ultrarapid sperm DNA fragmentation testing and gentle sperm selection – Dr Suresh Kattera	
19:00–19:30	<b>ADVANCES 2026 ORATION</b>	
	Chairpersons : Dr K Jayakrishnan, Dr Niranjana, Dr P V Aysha	
19:30–20:30	Caesarean Section; Doing the right thing in Right way	Dr Bhaskar Pal (President FOGSI)
	Inauguration , followed by Cultural program	

Saturday – May 2nd 2026  
9:00–19:30

HALL B – DR SANTHA MADHAVAN HALL  
REPRODUCTIVE MEDICINE

FACULTY

Dr Louise Hull –Adelaide, Australia Dr Suresh Nair–Singapore Dr N Pratapkumar Dr Sankalp Singh Dr Subash Mallaya Dr Reji Mohan Dr Anitha Pillai Dr Anitha M	Dr Shyjus Nair Dr Venugopal Dr Reji Mohan Dr Ashwin J Dr George Paul Dr Raju Nair Dr Aby Koshy Dr Karthika Bijoy	Dr Suresh Kattera Dr Bimal John Dr Sam Abraham Dr Baiju Ahmedkutty Dr Vijeesh (Embryologist) Dr Sajilesh (Embryologist)
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FERTILITY MANAGEMENT– MEDICAL AND SURGICAL

SESSION A. 15MTS EACH SPEAKER AND FOR DISCUSSION

9:00–9:15	Ovarian Cysts: Observe or operate	Dr Sam Abraham
9:15–9:30	Emergency management of Benign gynaecological conditions	Dr Subash Mallaya
9:30–9:45	Complication prevention in laparoscopy for benign conditions	Dr George Paul
9:45–10:00	Prevention of Recurrent Endometriosis	Dr Bimal John
10:00–10:15	Discussion with experts: Dr Suresh Nair, Dr N Pratapkumar, Dr Shyjus Nair	
	30 MINUTES TALK	
10:15–10:45	Precision in Pelvic Surgery: The Expanding Role of Robotics in Endometriosis & Myomectomy	Dr Suresh Nair (Singapore)
10:45–11:15	Individualized Ovarian Stimulation Strategies – Towards Truly Tailored ART	Prof Louise Hull (Adelaide)
	KEY NOTE ADDRESS	
11:15–11:45	Uterus sparing fibroid management.- Dr N Pratapkumar	
11:45–12:00	Laparoscopic Adenomyomectomy with the four-petal method	Dr Ashwin Jayakrishnan
12:00–12:15	Discussion with experts:- Dr Raju Nair, Dr Abhisekh, Dr Preetha P R	
	Panel discussion: -Recurrent pregnancy loss-Simplifying the approach	
12:15–13:15	Moderators: Dr Sankalp Singh, Dr Aby Koshy	
	Panelists: Dr Raju Nair, Dr Abhisekh, Dr Harikumar, Dr Shyjus Nair Dr George Paul, Dr Preetha P R	

13:15–14:00 PM LUNCH BREAK

## ASSISTED REPRODUCTION FOR CLINICIAN AND EMBRYOLOGIST

14:00-14:15	Enhancing fertility through benign gynaecological surgeries	Dr Anitha Pillai
14:15-14:30	PPOS in Modern IVF – Current Evidence and Clinical Applications	Dr Reji Mohan
14:30-14:45	POI: The new perspective and new directions.	Dr Raju Nair
14:45-15:00	Discussion with experts: Dr Anitha M, Dr Harikumar, Dr Sheila Balakrishnan	
15:00-15:15	Stimulation protocols for Low reserve and poor responders	Dr Anitha M
15:15-15:30	Triggerring final oocyte Maturation	Dr Baiju Ahmedkutty
15:30-15:45	Difficult OPU -Tips and tricks	Dr Karthika Bijoy
15:45-16:00	Discussion with experts: Dr Abhisekh, Dr RejiMohan, Dr Ramesh P	
16:00-16:45	Panel Discussion- Male factor Infertility-Newer approaches	
	Moderator : Dr Venugopal, Dr Shyjus Nair	
	Panelists: Dr Suresh Kattera, Dr Aby Koshy, Dr Baiju P A, Dr Aswath Kumar, Dr Reji Mohan, Dr Vijeesh, Dr Sajjilesh	

## RELAY FROM HALL –A

16:30-19:00	<b>Advances day 1 evening session: Plenary session</b>	
	<b>KEY NOTE ADDRESS</b>	
16:30-17:00	Chairpersons. Dr P K Shyamala Devi, Dr N Syamala, Dr Sheela Shenoy, Dr Sathy M Pillai	
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19:30-20:30	Caesarean Section; Doing the right thing in Right way	Dr Bhaskar Pal (President FOGSI)
	Inauguration , followed by Cultural program	



Sunday – 3rd May 2026  
09:00–15:30

HALL A – DR K LALITHA HALL  
SCIENTIFIC PROGRAMME

FACULTY

Dr Stephen O Brien  
Dr N Pratapkumar  
Dr Sankalp Singh  
Dr Shailesh Putembekar  
Dr Sheila Balakrishnan  
Dr ArunaAsok

Dr Jayesh Amin  
Dr K Jayakrishnan  
Dr Sachin Kulkarni  
Dr Suresh Nair  
Dr Devika Gunasheela  
Dr PG Paul

Dr Sheila Balakrishnan  
Dr AmbrishBhandiwad  
Dr Anupama R  
Dr Ravisankar  
Dr P M Gopinath

ASSISTED REPRODUCTION FOR CLINICIAN AND EMBRYOLOGIST

08:15–08:30	Endometrial microbiome and Reproductive failure	Dr Ambarish Bhandiwad
08:30–08:45	Adolescent PCOS- Management	Dr Ravisankar
08:45–09:00	Cervical cancer on a rise- Role of HPV vaccine	Dr Anupama R
	Discussion with experts : Dr Usha R, Dr Adlaine Thankom, Dr Nazeema	
	30 MINUTES TALK	
09:00–09:30	Assisted vaginal birth – evidence, global trends and the future	Dr Stephen O Brien
	KEY NOTE ADDRESS	
09:30–10:00	Role of Hysteroscopy in Reproductive failure	Dr Jayakrishnan
10:00–10:30	The New Horizons of Advances Gynaecologic Laparoscopy; Where we stand and What lies ahead?	Dr. PG Paul
	Chairpersons: Dr Devika Rani, Dr Aysha P V, Dr N S Sreedevi	
10:30–10:50	Can we predict ectopic pregnancy in Fertility treatment cycles?	Dr Sankalp Singh
10:50–11:10	Fertility preservation in adolescent & young women	Dr P M Gopinath
	Dr Thomas Chandy oration	
11:10–11:40	Chairpersons: Dr D Radhamoni, Dr K Jayakrishnan, Dr Valsamma Chacko	
	Role of MIS In Gynaecological Oncology-After the LACC trail	Dr. Shailesh Putembekar
11:40–12:00	Challenging situations in IVF stimulation	Dr Sheila Balakrishnan
12:00–12:20	Recurrent implantation failure. Immunological factors	Dr Jayesh Amin
12:20–12:40	Identifying the Constants and Variables in Infertility Management: Optimising Precision Care	Dr Sachin Kulkarni
12:40–12:55	Discussion with experts: Dr Aruna Ashok, Dr Anitha M	

12:55-13:25	<b>KEY NOTE ADDRESS</b> Robotic Surgery in Gynaecology – Game Changer or Luxury for a Few – Dr Suresh Nair
13:25-13:30	Dr Meera Nair Memorial Quiz presentation –For delegates Video quiz presented by – Dr Niranjana Jayakrishnan
<b>13:30-14:15 LUNCH BREAK</b>	
14:15-15:30	Panel discussion: IVF Demystified  Moderators: Dr Devika Gunasheela & Dr Aruna Asok  Panelists: Dr Suresh Kattera, Dr Vijeesh, Dr Sheila Balakrishnan, Dr Anitha M Dr Sankalp Singh, Dr Jayesh Amin and Dr Sachin Kulkarni
15:30	Valedictory



Sunday – 3rd May 2026  
09:00–15:30

HALL B – DR SANTHA MADHAVAN HALL  
OBSTETRICS, GYNAECOLOGY, GENETICS  
REPRODUCTIVE MEDICINE

FACULTY

Dr Indira Vijayakrishnan Dr Niranjana J Dr Devika Gunasheela Dr K V Vinod, Andrologist Dr Aswath Kumar	Dr Deepti B Dr Kumar Gopal Dr Shankar V H Dr Ramesh P Dr Ajith S	Dr Aarti Deendayal Dr Aruna Asok Dr Vinoo balakrishnan Dr Rema (RCC)
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REPRODUCTIVE MEDICINE SPOTLIGHTS  
20 MINUTES

08:00–08:20	Women’s Health and Obesity – Newer Anti obesity drugs	Dr Indira Vijayakrishnan
08:20–08:40	Isthmocele: Fix it or Observe it? An ongoing dilemma	Dr Niranjana J
08:40–09:00	Preimplantation genetic testing. Current trends and future directions	Dr Devika Gunasheela
09:00–09:20	Role of Andrology in ART- From Diagnosis to conception	Dr K V Vinod, Andrologist
09:20–09:40	Obstetric Sepsis: Current Evidence and Best Practices	Dr Aswath Kumar
09:40–09:50	Discussion with experts: Dr N Pratapkumar, Dr Suresh Kattera,Dr Ramesh P	

OBSTETRICS & GYNAECOLOGY

09:50–10:10	Care in pregnancies subsequent to still birth	Dr Deepti B
10:10–10:30	Post Partum convulsions–a diagnostic enigma	Dr Kumar Gopal
10:30–10:50	Endometriosis – New Diagnostics and Medical therapies	Dr Ramesh P
10:50–11:10	Bone Health in middle life	Dr Ajith S.
11:10–11:20	Discussion with experts: Dr Rema Sreejith, DrAmbarish B, Dr Sajith Mohan	
11:20–11:50	KEYNOTE ADDRESS Genetics –Reproductive Genetics in Infertility and IVF– Dr Shankar VH, Prof of Genetics, SATH Trivandrum	
11:50–12:20	Recent advances in Ultrasound in Reproductive Medicine – Dr Aarti Deendayal	

MIXED BAG (20 MINUTES)

12:20–12:40	Thin Endometrium–Causes, evaluation and advances in Management	Dr Aruna Asok
12:40–13:00	Menopause–Non Hormonal and targeted therapies	Dr Vinoo Balakrishnan

13:00-13:20	Oncology-Fertility sparing surgery in Early stage Gynaec Cancers	Dr Rema (RCC)
13:20-13:30	Discussion with experts - Dr Ajith S, Dr Uma Sankar, Dr Lakshmiammal	
13:30-13:35	Dr. Meera Nair Memorial Video Quiz for delegates-Relay from Hall A	
13:35-14:15 LUNCH BREAK		
14:15-15:30	Panel discussion relay from Hall A	
15:30	Valedictory	
Saturday – May 2nd 2026 – HALL C (Elizabeth Hall)		14:00 – 16:00
Dr Santha Madhavan free paper Presentation		Duration 8mins Discussion 2 mins
Saturday – May 2nd 2026		12:00 – 14:00
Eposter paper presentation		Duration 8mins Discussion 2 mins
Sunday – May 3rd 2026 – HALL C (Elizabeth Hall)		12:00 – 13:30
SCIENTIFIC PAPER PRESENTATIONS VI Nalini Memorial Gold medal paper presentation		Duration 8mins Discussion 2 mins





Saturday-10.00 am to Sunday 3.00pm

ePoster Presentation

TIMELINES

E-mail your abstract to us on or before 30/03/2026, specifying the category that you wish to presenting. Chosen abstracts will be intimated by 10/04/2026

Email: [2026advances@gmail.com](mailto:2026advances@gmail.com) , [tvmobgyn@gmail.com](mailto:tvmobgyn@gmail.com) , Website : [www.tvmobgyn.com](http://www.tvmobgyn.com)

REGISTRATION Tariff

DAY -1, 2nd May 2026	Yearly bird up to 30-03-2026	Spot
CLINICIANS	₹ 5000	₹ 6000
PG STUDENTS	₹ 4000	₹ 5000
DAY -2, 3rd May 2026	Yearly bird up to 30-03-2026	Spot
CLINICIANS	₹ 5000	₹ 6000
PG STUDENTS	₹ 4000	₹ 5000
DAY 1 & 2 May 02nd & 3rd	Yearly bird up to 30-03-2026	Spot
CLINICIANS	₹ 9000	₹ 10000
PG STUDENTS	₹ 7000	₹ 8000
ACCOMODATION AT HYATT REGENCY (VENUE)		Rate
SINGLE (1 Night)		₹ 7350
DOUBLE (1 Night)		₹ 9440
TRIPPLE (1 Night)		₹ 11210

- Registration for Accompanying Person Rs.3000 Per Day  
Rs.3000 Per Banquet
- Free For Children Below 5 years Of Age

### Cancellation Policy

20% will be charged as administrative fee & the rest will be refunded, if intimation received before 10-04-2026. No refund will be made after 10-04-2026

Trivandrum OBGYN Club  
Account No: 545101010050012  
IFSC Code : UBIN0554511  
Union Bank, Kesavadasapuram,  
Thiruvananthapuram, Kerala.



**For offline Registration Fee to be paid by  
DD/NEFT to the details below**

Submit the Duly Filled Form & DD / Cheque to,  
and Travel & Accomodation Contact

Conference Secretariat Advances 2025

KJK Hospital, Nalanchira, Trivandrum, Kerala, India

Jayalal R S: 9645446067

Email: tvmobgyn@gmail.com

[www.tvmobgyn.com](http://www.tvmobgyn.com)



**Venue:**

**Hyatt Regency Thycaud  
Trivandrum**

**Thiruvananthapuram, Kerala 695014**



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